

TOOL TYPE **CHECKLIST**
GEOGRAPHY **US**

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SOURCE: OSHA

RESPIRATOR USER MEDICAL EVALUATION CHECKLIST

PROBLEM

The OSHA Respiratory Protection Standard (1910.134(e)) requires you to implement a Respiratory Protection Program that includes, among other things, a system of ensuring that workers undergo a medical evaluation before being required to use a respirator.

HOW THE TOOL HELPS SOLVE THE PROBLEM

The following Checklist for Medical Evaluation comes from OSHA guidelines and will help you: i. do a self-assessment and determine if you comply with OSHA medical evaluation of respirator user requirements; and, ii. remain in compliance going forward.

CHECKLIST FOR MEDICAL EVALUATION OF RESPIRATOR USERS

√ Check to make sure that all of the following things have been done at your facility or workplace:

- All employees have been evaluated to determine their ability to wear a respirator prior to being fit tested for or wearing a respirator for the first time in your workplace.
- A physician or other licensed healthcare professional (PLHCP) has been identified to perform the medical evaluations.
- The medical evaluations obtain the information requested in *Sections 1 and 2, Part A of Appendix C of the standard, 29 CFR 1910.134.*
- Employees are provided follow-up medical exams if they answer positively to any of *questions 1 through 8 in Section 2, Part A of Appendix C* of the standard, or if their medical examination reveals that a follow-up exam is needed.
- Medical evaluations are administered confidentially during normal work hours, and in a manner that is understandable to employees.
- Employees are provided the opportunity to discuss the medical evaluation results with the PLHCP.
- The following supplemental information is provided to the PLHCP before he or she makes a decision about respirator use:
 - Type and weight of the respirator.
 - Duration and frequency of respirator use.
 - Expected physical work effort.
 - Additional protective clothing to be worn.
 - Potential temperature and humidity extremes.
- Written copies of the respiratory protection program and the Respiratory Protection standard are provided to the PLHCP.
- Written recommendations are obtained from the PLHCP regarding each employee's ability to wear a respirator, and that the PLHCP has given the worker a copy of these recommendations.
- Employees who are medically unable to wear a negative pressure respirator are provided with a powered air-purifying respirator (PAPR) if they are found by the PLHCP to be medically able to use a PAPR. (*29 CFR 1910.1034(e)(6)(ii).*)

Employees are given additional medical evaluations when:

- The employee reports symptoms related to his or her ability to use a respirator.
- The PLHCP, respiratory protection program administrator, or supervisor determines that a medical reevaluation is necessary.
- Information from the respiratory protection program suggests a need for reevaluation.
- Workplace conditions have changed in a way that could potentially place an increased physiological burden on the employee.